

## Section 4 – Cultivate a love of learning



### TED talks



#### What are TED talks?

**TED Talks** (Technology, Entertainment, Design) are influential videos from expert speakers on education, business, science, tech and creativity. Whether you have 5 minutes or an hour, there really is something to interest everyone.

[www.ted.com](http://www.ted.com)

You can search for talks in the areas that interest you the most or, if you need a bit of inspiration, **why not have a look at some of these playlists:**

[The 25 most popular talks of all time](#)

Are schools killing creativity? What makes a great leader? How can I find happiness? These 25 talks are the ones that TED fans just can't stop sharing.

[TED Starter pack](#)

Need an introduction to TED? Enjoy a mixture of some of the most well-known, hard-hitting and and perspective-shifting talks

[The most binge-worthy TED talks](#)

A surprising collection of TED Talks to delight and ensnare you for hours and hours.

[Powerful Stories](#)

Curl up and listen to some of the most intimate, and compelling personal stories shared on the TED stage.

### [The fight against viruses](#)

What we do (and don't) know about viruses, pandemics and the vaccines that combat them.

### [Talks for brain thaw](#)

Brain frozen? Thaw it out with this fun, unexpected blend of talks and performances by TED Fellows — updated regularly. It's sure to get your brain moving again.

### [How to get further in your career](#)

A useful list of TED Talks to help you think about your future working life.

### [Talks that will make you think twice](#)

What's the harm in buying a fake designer watch or paying £10 for a set of nails? What to know more aboutt how Amazon, Apple and Google manipulate our emotions? Some talks to make you think about the things we take for granted.

### [How playing sport benefits the body.... and the brain](#)

The victory of the underdog. The last minute penalty shot that wins the tournament. The training montage. Many people love to glorify victory on the field, cheer for teams, and play sports. But should we be obsessed with sports? Are sports as good for us as we make them out to be, or are they just a fun and entertaining pastime? Leah Lagos and Jaspal Ricky Singh show what science has to say on the matter.